Introduction to Work Patterns

Work patterns describe how and where people spend their time at work. Based on mobility and interaction, there are total six work patterns:

- 1. Desk-bound, interactive
- 2. Desk-bound, concentrative
- 3. Internally-mobile, interactive
- 4. Internally-mobile, concentrative
- 5. Externally-mobile, interactive,
- 6. Externally-mobile, concentrative

People are desk-bound if they spend over ¾ of the time at their own workstations or offices.

People are internally-mobile if they spend less than $\frac{1}{4}$ of the time outside the office and less than $\frac{3}{4}$ of the time at their own desks

People are externally-mobile if they spend more than 1/4 of the time working outside the office.

People who have a concentrative work pattern typically report that, when at their desk, over half of their time is devoted to concentrative work including computer-based tasks, composing emails, reading, writing etc.

People who have an interactive work pattern typically report that, when at their desk, over half the time is spent on interacting with others in person or over the phone. To find out what your work pattern is, please take the work pattern survey.

High

Level of

at desk

Low

interaction

Desk-bound

> 75% time at their own desk

Interactive

> 50% of desk-time communicating with others

Desk-bound

> 75% time at their own desk

Concentrative

> 50% of desk-time working individually

Internally-Mobile

< 75% time at their own desk < 25% outside the office

Interactive

> 50% of desk-time communicating with others

Externally-Mobile

> 25% outside the office

Interactive

> 50% of desk-time communicating with others

ound Internally-Mobile

< 75% time at their own desk

Concentrative

> 50% of desk-time working individually

Externally-Mobile

> 25% outside the office

Concentrative

> 50% of desk-time working individually

Low

Time away from desk

High

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